

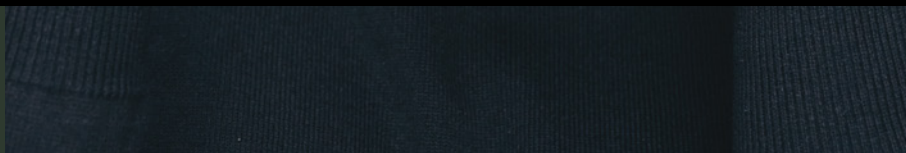
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A TREATMENT AT CAVENDISH IS AN INVESTMENT  
IN YOURSELF. WE MAKE SURE IT'S ONE YOU'LL LOVE.



## AGE DEFYING

CAVENDISH CLINIC  
LONDON



## ABOUT CAVENDISH CLINIC

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**We're delighted you've chosen to enquire with Cavendish Clinic. With decades worth of experience in medical aesthetics, and founded by the UK's leading plastic surgeons, you're in incredibly safe and expert hands. We're delighted to have an outstanding 4.8 on TrustPilot based on 700 reviews.**

Founded by doctors, our clinics are the ultimate safe space. When it comes to handling COVID-19, we've gone above and beyond government guidelines to create a world-class level of protection for our clients.

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**Skincare, facials and topically applied products can only go so far. Our skin is built of three layers: the epidermis, the dermis, and the subdermis. Many signs of ageing occur deeper within these layers, eliciting the need for more advanced solutions.**

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## ULTHERAPY

**Ultherapy is the only FDA-cleared, non-invasive treatment for lifting and tightening the skin on the face, neck, chin and brow and, more recently, for the improvement of lines and wrinkles on the décolletage. It uses a tried-and-tested ultrasound technology to gradually strengthen your skin from deep within and to kickstart your skin's own collagen production.**

### THE BENEFITS

Ultherapy doesn't add anything in, or take anything away. It simply stimulates the plumping, lifting, anti-ageing proteins that naturally occur within our bodies. The non-invasive nature of Ultherapy means there is very little discomfort, no long hours in surgery, and no recovery time.

### THE SCIENCE

Ultherapy uses focused imaging to bypass the surface of the skin. This allows us to visually observe the layers of skin being targeted, ensuring focus, accuracy and effectiveness. Ultherapy generates a thermal effect under the skin, jump-starting 'neocollagenesis' – the production of fresh, new collagen that will plump and lift skin on the face, neck, chin, and décolletage. Ultherapy is truly 'the gift that keeps on giving' – the results are natural, but increasingly noticeable over the course of a year.

### THE EXPERIENCE

Ultherapy requires no anaesthesia, and you can be in and out of the clinic within an hour. You will feel heat being generated in the lower layers of your skin, and some patients report a prickling sensation, but no major discomfort.

## TESTIMONIALS

“

Ultherapy Treatment. I wasn't sure what to expect - was recommended this face tightening from a friend. Really surprised – great experience. Looking forward to the results – face already feels tighter! Special mention to the Cavendish team. You were great! Long forward to seeing you again. Thank you.

### JUDITH LANGLEY



7 Jan 2019



BEFORE



AFTER

Treatment results may vary.

## EXILIS

**Exilis Elite is a radiofrequency device offering a non-invasive treatment of different skin conditions such as wrinkles, skin laxity, and excessive fat.**

### THE BENEFITS

Exilis can be used facially to trigger new collagen production deep within the dermal layer, smoothing skin, reducing fine lines and wrinkles, and increasing skin's volume and 'bounce'. It can also be used in body contouring and sculpting, where the ultrasound waves target and diminish unwanted fat cells.

### THE SCIENCE

Collagen is one of the key cellular structures that keep our skin firm and bouncy. The thermal wave

technology breaks down collagen fibres to stimulate your own body's healing response, boosting natural collagen cell production. When used on the body, the thermal waves target and shrink stubborn fat cells, separating them into digestible compounds such as water, glycerol and fatty acids that are then metabolized by the body.

### THE EXPERIENCE

Elixis is a non-invasive procedure, and many even find it relaxing. You will feel a sensation of deep heat, but no pain, and no recovery time is required.

## TESTIMONIALS

“

It's my first time at Cavendish Clinic and I'm very pleased and happy with my journey so far. I've started with a course of Exilis for my fine lines around neck area and it made a huge difference for me. Now I'm having hydrafacial!

### VASIA



11 Jul 2018



BEFORE



AFTER

Treatment results may vary.

## TIXEL

**Tixel is an innovative and extremely versatile new treatment option that uses natural heat to improve your skin naturally, with less pain and downtime\*.**

Tixel can achieve superb results when treating a number of aesthetic conditions such as lines and wrinkles, age spots, skin discolouration, and acne scars.

### THE BENEFITS

Tixel uses heat energy to rejuvenate the delicate skin around the eyes, neck, décolletage, and the backs of the hands, for a younger, smoother appearance. It also works to reduce the appearance of scars and pigmentation. In its mildest application, it can help your skin in the absorption of topical products.

### THE SCIENCE

Tixel is a 'thermal fractional' skin rejuvenation treatment that works similarly to fractional laser resur-

facing but without the downtime associated with lasers. With ablative and non-ablative settings, we can tailor the treatment to your individual needs.

### THE EXPERIENCE

There are three settings for Tixel. Ablative is the highest level, and produces results similar to laser resurfacing. The process is not painful, but the skin may appear inflamed for a few days after treatment. Sublative is a step down, and is more suitable for darker skin types.

Mezotix is the mildest, and helps with the absorption of hydrating and nourishing mesotherapy cocktails, with no downtime.

\*Any cosmetic process that uses heat must be administered by an expert hand in a safe and regulated environment. Our medical expertise ensures only the highest standards of safety for our valued clients.

## TESTIMONIALS

“

The staff are really knowledgeable and will give honest advice about whether a treatment is right for you and your desired results. A really professional service, I've great results both with cool sculpting and Tixel – would definitely recommend.

### MRSH LYNCH



6 Feb 2020



**BEFORE**

**AFTER**

Treatment results may vary.

## INJECTABLES

### ANTI-WRINKLE TREATMENT

Anti-wrinkle injections – otherwise referred to as muscle relaxing therapy – are a way to correct the dynamic lines that can make us look older than we feel. They're a miracle worker for problem areas in the visage such as frown lines and crow's feet, taking years off your appearance in the space of a few days. They're subtle, require minimal downtime, and last for 3-6 months.

Anti-wrinkle injections should not change your appearance entirely, but work in harmony with your natural features. Our injectables are only ever delivered by highly-trained, leading Aesthetic Doctors with a professional eye and a skilled hand.

### DERMAL FILLER

Dermal fillers – often categorised as a 'tweakment' – are a safe, speedy, and minimally-invasive way to enhance your individual beauty and prolong a youthful appearance. They're affordable, long-lasting, and quick to administer. Cavendish Clinic uses only the latest and most advanced products to gently and artfully restore lost volume, smooth fine lines and wrinkles, correct asymmetry, rehydrate, and improve skin texture.

We use the full advanced ranges of Juvederm®, Belotero, Restylane, Teosyal and Profhilo – all of which have all been extensively tested for both safety and efficacy. Our injectables are only ever delivered by highly trained, leading Aesthetic Doctors who have performed thousands of successful treatments.



**BEFORE**

**AFTER**

### PROPHILO

Profhilo is less like a dermal filler, and more like an intensive, injectable moisturiser. It uses a high concentration of hyaluronic acid (HA) that works with your natural tissue to boost and restore volume and vitality, and effectively remodel sagging skin. In the world of injectables, it's about as natural as you can get whilst still achieving significant results.

Advanced treatments like Profhilo require a strong scientific understanding of the product, the application, and the ways it interacts with our natural tissues. Our Aesthetic Doctors apply their medical expertise to get the most out of Profhilo, in the safest way.

### THREAD LIFT

PDO (polydioxanone) threads are the next generation of anti-ageing technology, providing a quick, affordable alternative to the surgical face lift. PDO threads are made of a natural, biodegradable substance that is eventually metabolised by our bodies. They provide structure to your natural tissues, lifting and correcting sagging skin around the eyes, brows, cheeks and jaw. They can also be used as a non-surgical nose enhancement, by lifting the tip and correcting asymmetry.

Thread lift will give you an immediate result by redefining and adding volume, and to continue to restore contour for 18 -24 months.

Cavendish Clinic was one of the first to introduce thread lift technology into our repertoire of treatments, and our Aesthetic Doctors are leading experts in its administration.

## SKIN AND FACIALS

### HYDRAFACIAL

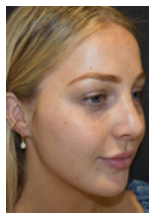
The Hydrafacial is truly astounding in the stunning and immediate results it provides, especially considering its completely non-invasive nature. It's a luxurious 6-step process that begins with lymphatic drainage, deep cleansing, and a bespoke peel. We then physically clear dirt and debris from your pores with a painless (and some say relaxing) suction device, followed by a suitable Hydraboost for your requirements, such as Dermal Builder for mature skin, ReGen Growth Factor to boost collagen and elastin production, or Britenol Boost to minimize dark spots.

At Cavendish, uniquely, we round off this stellar treatment with additional Celluma LED light rejuvenation to reduce redness and stimulate further collagen, for a glowy finish you won't find at any other clinic

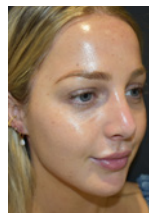
### MEDICAL GRADE SKINCARE

At Cavendish Clinic, we use only scientifically-supported technologies and active ingredients in order to deliver true and lasting enhancement. We partner with award-winning brands such as SkinCeuticals, ZO Skin Health, Dr Levy, Nimue, Obagi Medical, Helio-care and iS Clinical in order to deliver only the highest quality experience for our clients.

#### HYDRAFACIAL

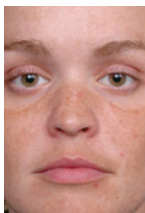


BEFORE

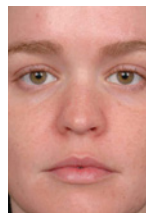


AFTER

#### MEDICAL GRADE SKINCARE



BEFORE



AFTER

#### MICRONEEDLING



BEFORE



AFTER

Treatment results may vary.

### MICRONEEDLING – DERMAPEN

Microneedling has been around in various forms for over a century, but the Dermapen has recently perfected the art. It involves applying 12 tiny needle heads to the surface of the skin, each no more than 2.5mm long, in order to trigger the body's natural healing response. This provides a wealth of benefits, including advanced tissue repair and regeneration, increased collagen production, reduction of wrinkles, improved elasticity, and improved circulation. Microneedling works over the course of a few treatments to rejuvenate the skin and encourage the growth of healthy new cells. It can even help with acne, scarring, stretch marks, and pigmentation.

At Cavendish, we work solely and exclusively with market-leading providers. As with many of our trusted partners, Dermapen is the most advanced product on the market, and our Aesthetic Doctors are highly trained and experienced in its application.

## OUR EXPERT TEAM



### DR. MATT JAMES

**MBChB FRCS FRCS (plastics)**

Working as a busy consultant plastic surgeon in London, Mr Matt James has 20 years' experience providing reconstructive services internationally. Previously Clinical Director of service at Guys and St Thomas' NHS trust, he now leads hand trauma services. Having performed thousands of successful operations during his career, he founded Cavendish

Clinic in 2011 with two other consultant doctors, Mr Jamil Sheikh and Dr Sanjay Gulati. All three consultants regularly review our portfolio of treatments ensuring we offer tried, tested and safe treatments. We are proud to be overseen by consultant doctors and registered with the CQC to ensure exceptional standards of care.



### DR VEERLE ROTSAERT

**MD, FEBOPRAS**

**Specialist Registered Plastic Surgeon**

Dr. Rotsaert is a specialist Plastic Surgeon. As a true perfectionist, she pursued fellowships with some of the world's leading surgeons and aesthetic injectors. She developed vast expertise in the field of facial rejuvenation surgery and injectables, breast surgery, and body contouring. Trained by the famous Julie Horne, she is particularly skilled at lip enhancements.



### MR ANTONIOS MITSAKOS

**MBChB**

**Plastic Surgeon**

Dr Mitsakos has developed a passion for the world of aesthetic medicine and has been practising a wide range of aesthetic techniques for several years, both as practitioner and trainer. He has a vast client base and always welcomes new challenges. He is a member of the Royal College of Surgeons and currently works as a senior registrar in Plastic Surgery in London. He regularly attends leading aesthetic conferences around the world to keep up to date with new treatments and techniques.



### DR CHARLES BAIN

**MBChB BSc MSc FRCS (Plast) Dip Hand Surg  
Consultant Plastic Surgeon**

Charles Bain is a consultant plastic and reconstructive surgeon with over 10 years' experience in plastic, reconstructive and aesthetic surgery. Dr. Bain learned from internationally renowned London cosmetic surgeons at the Royal Marsden Hospital, London Clinic, Wellington Hospital, Cromwell Hospital and King Edward VII. Additionally, Dr. Bain has completed a Masters degree in Aesthetic Plastic Surgery with distinction and has published several scientific papers in the field of aesthetic surgery.





## DR CATHARINE DENNING

### Aesthetic Doctor

Dr Catharine is a highly experienced GMC registered doctor that has specialised in medical aesthetics. She qualified with merit grade from The University of London in 2013. She was presented with The Association Award upon graduating. She has a background in pharmacology research, and has undergone surgical training at Imperial College Hospitals Trust in West London with interest in plastic surgery.



## DR JONATHAN DUNNE

### MBChB BSc MSc FRCS (Plast)

Jonathan has nearly ten years experience in Plastic Surgery, training in many of London's busiest units, and is a Fellow of the Royal College of Surgeons (Plastic Surgery). His experience in aesthetic medicine and surgery is gained from many of London's leading hospitals, and he keeps up to date with the latest evidence by attending conferences across the world. Jonathan is passionate about delivering a treatment plan tailored to the needs of each individual, and offers anti-wrinkle treatments, dermal fillers and minor surgical procedures.



## AGNIESZKA TRACZ

### Clinic Director

Agnieszka, our Clinic Director, is a fully qualified Cosmetologist. Having obtained a Bachelor's Degree in aesthetic treatments, she has over 15 years' experience and has worked for some of the most renowned aesthetic clinics in the country. Agnieszka is extremely knowledgeable and passionate about the non-surgical solutions offered at Cavendish Clinic, and her key objective is always to help her clients look and feel naturally rejuvenated with the help of the latest non-invasive techniques and cosmeceutical solutions.



## GAILA JANCYTE

### Clinic Manager

Gaila is our Clinic Manager. She is originally from Lithuania, and moved to London 10 years ago. She finished her Beauty Therapy degree at the London College of Beauty Therapy in 2011. Since then, she has garnered impressive experience at some of London's most prestigious medispas. Gaila is known for her extensive skincare knowledge and specialises in skin and body contouring treatments. Her favourite treatments are Dermapen Microneedling and CoolSculpting.

## WHAT'S NEXT?

Still deliberating on which of our leading-edge treatments is right for you? Each one of the enhancements and technologies we offer comes with so many unique benefits, it can be hard to choose. Which one is "best" depends on one key factor – you!

Your consultation with us is an opportunity to ask any questions we haven't covered in this booklet. During your 360° skin, facial, and body consultation, you'll have dedicated one-on-one time with one of our highly-trained team members. We'll go through your goals, your medical history, and any queries you may have, in complete privacy, and without pressure or obligation. Next, we tailor our treatment plan to your aesthetic vision, so you can relax and leave it to the experts.

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REMEMBER, A TREATMENT AT  
CAVENDISH IS AN INVESTMENT  
IN YOURSELF. WE MAKE SURE IT'S  
ONE YOU'LL LOVE.

## SHARE THE LOVE

Refer a friend and earn £25, and your friend gets £25 too!

If you've already had a great experience with us and would like to recommend us to your friends and family – this offer will benefit both of you. Your friend will get £25 off their first treatment with us and you will get £25 off your next treatment too. Please mention 'Refer a Friend' offer to our friendly front of house team upon booking.

Offer redeemable against treatments only.  
Skin care is not applicable.

## KEEP UP WITH US ON INSTAGRAM

 @CAVENDISH\_CLINIC

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## ASTI PARTNER

Cavendish Clinic supports Acid Survivors Trust International (ASTI). ASTI works to end acid violence globally alongside supporting victims of acid violence. For more information on ASTI, please see [www.acidviolence.org](http://www.acidviolence.org)

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### GLASGOW

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For list of T&C's please take a look on [www.cavendishclinic.co.uk/terms-and-conditions/](http://www.cavendishclinic.co.uk/terms-and-conditions/)